**Healthy Back Mondays 5:15pm w/ Stacy**

Join Zoom Meeting  
<https://us02web.zoom.us/j/89527987549?pwd=b0pXWjlsRWR2ZkFFemFXaTdvVVFIdz09>  
  
Meeting ID: 895 2798 7549  
Passcode: yoga  
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**Tuesday Gentle Yoga - Elizabeth DeRaad Tuesdays 7:45 am PST**

Join Zoom Meeting

<https://us02web.zoom.us/j/7877797574?pwd=bDFKRVBCMnNLUVQ3RzBGLzFmeEFmQT09>

Meeting ID: 787 779 7574

Passcode: eyogaclass

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Hello.

I will be covering for Stacy**, Tuesday, April 6th,** I look forward to seeing you.

Below is Tuesday, April 6th, 10:05 am Log In.

Topic: Hatha Yoga Tuesday w/ Jessica

<https://us02web.zoom.us/j/87907522073>

Meeting ID: 879 0752 2073

Passcode:**yoga**

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**Hatha Tuesdays 10:05 am w/ Stacy Agosto**

Join Zoom Meeting <https://us02web.zoom.us/j/83306255068?pwd=WFlGMnpPM2hyNk5GUmxrczZZYUNBdz09>

Meeting ID: 833 0625 5068 Passcode: **yoga**

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**Thursdays Gentle Yoga 7:45am w/ Jessica**

Join Zoom Meeting

<https://us02web.zoom.us/j/822459165>

Meeting ID: 822 459 165

Passcode: yoga

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**Hatha Thursdays 10:05 am w/ Katie Marshall**

Join Zoom Meeting

<https://us02web.zoom.us/j/93679678572>

Meeting ID: 936 7967 8572

Passcode: yoga